



# Certified

Powered By  **Alison**

A programme created by Alison, the world's largest online empowerment platform to enable new learning experiences for Transition Year students.



**10  
Million+  
Graduates**



**45  
Million+  
Learners**



**5,500+  
Free Online  
Courses**



**193  
Countries  
Worldwide**



# Introducing TY Certified

## Making TY Meaningful

### What is TY Certified?

TY Certified is a programme created by Alison, the world's largest online empowerment platform and a proudly Irish organisation, to enable new learning experiences for Transition Year students. The programme helps to streamline administration for TY coordinators and teachers, and enhance the capabilities of schools across the country. TY Certified enables Irish secondary schools to access holistic personal and professional development, with certification, for their TY students.

### TY Certified at-a-glance: Principal's Snapshot

- Teachers will have real-time access to monitor learning
- Courses are 1.5-3 hours in duration and CPD accredited
- Self-driven online learning with accessible text and video content
- Assessments included as standard, and automatically marked
- Participating students will leave TY with 8 short-course accredited Certificates
- Learning Paths of courses grouped by topic can be instantly assigned
- Unmetered access to 5,500+ courses, catering to every student's needs and interests
- Auto-generated reports for parent-teacher meetings and end of term reporting

### What skills and subjects are covered by TY Certified?

Course coverage includes the 4 Student Dimensions and 4 additional categories:

#### Workplace skills

Examples:

- Digital Literacy
- Presentation & Communication Skills
- Digital & Social Marketing
- Problem Solving & Critical Thinking
- Leadership, Teamwork & Collaboration



#### Careers, industries, and roles

Examples:

- Hospitality & Retail
- Manufacturing
- Health & beauty
- STEM
- Construction including Safe Pass prep



#### 'Real world' practical learning

Examples:

- Media Literacy & Online Safety
- First Aid & CPR
- Stress & Mental Health
- Nutrition & Meal Planning
- Health, Hygiene, & Fitness



#### Social citizenship

Examples:

- Climate & Environmental Awareness
- Gender Equality & Women's Rights
- Diversity & Inclusion
- Sustainability
- Community Development





## What are the benefits for students?

- Gain accredited hard and soft skills
- Explore career interests
- Get job ready for part-time or casual employment
- Develop practical life skills
- Establish knowledge of global and local social and environmental challenges
- Expand upon self-driven learning competencies

## What are the benefits for TY Teachers & Coordinators?

- Multiple courses for each of the 4 Student Dimensions
- No learning content creation or curation requirement
- Assign multiple courses to multiple students in seconds
- Automated assessments for each course
- Instant results for students with no marking required
- Offer students choice and encourage self-directed learning habits
- Awards an official CPD accredited Certificate with all credits recorded.
- Support students of all abilities to learn at their own pace
- Real-time monitoring of students' course progression and completed learning tasks
- Auto-generated reports for parent-teacher meetings and end of term reporting

## How much time will a TY Coordinator need to commit?

- **Set up:** 5 minutes
- **Onboarding:** 1 hour prior to programme kick off
- **Assigning learning:** Maximum 1 hour per term
- **Reporting:** As required, minutes not hours

## How much does TY Certified cost?

Alison is dedicated to making TY Certified accessible to all schools and significantly subsidizes the cost of its Certificates to achieve this.

Per Student cost for Academic  
Year 2025-26:

**€40 per student\***

Per School platform, admin & support fee for  
Academic 2025-26:

**€100 per school\***



**How can I learn more about how TY Certified can help our school?**

Simply email Alannah Timmins to schedule a discussion [atimmins@alison.com](mailto:atimmins@alison.com)

\*Fees listed exclude 23% VAT



## Learning Paths

### 4 STUDENT DIMENSIONS: CURATED LEARNING PATHS

#### **Personal Growth**

- [Digital Wellness: Cultivating Healthy Tech Habits](#)
- [Understanding Mental Health](#)
- [Stress Management: A Holistic Approach](#)
- [Overcoming Social Anxiety: Empowerment for Authentic Connections](#)
- [Managing Social Media Addiction](#)
- [Practical Lessons on Personal Finance](#)
- [An Introduction to Personal Finance and Credit](#)
- [CPR, AED and First Aid](#)
- [Internet and Social Media Safety](#)
- [Global Digital Literacy](#)
- [Anger Management: A Guide to Emotional Regulation and Conflict Resolution](#)
- [Improving Your Self-Discipline](#)
- [Proven Strategies for Building Good Habits](#)
- [The Principles of Personal Development](#)
- [Unlocking Human Motivation: Strategies for Self-Discovery & Personal Drive](#)
- [Goal Setting: The Ultimate Guide to Set, Plan & Achieve Your Goals](#)
- [Building Your Confidence and Working Ethically](#)
- [The Art of Creative Problem Solving](#)
- [Critical Thinking and Sound Judgement](#)
- [Understanding Cognitive Bias](#)
- [The Psychology of Unconscious Bias](#)
- And many more...

#### **Being a Learner**

- [Revision Guide: How to Prepare for Exams](#)
- [How to Manage Your Time](#)
- [Growth Mindset for Success in Life, School and Career](#)
- [Stop Procrastinating](#)
- [Deep Reading](#)
- [Building Your Personal Learning Ecosystem](#)
- And many more...

#### **Career Exploration**

- [Basics of Employability](#)
- [How to Launch a Successful Career](#)
- [Job Search Skills - Preparing Your Resume and Cover Letter](#)
- [A Complete Job Interview Skills Guide](#)
- [Soft Skills: Master the Top 10 Soft Skills Necessary in the Workplace](#)
- [Building Your Confidence and Working Ethically](#)

*See Specific Courses For Careers, Roles & Industries On The Following Pages.*

#### **Civic & Community Engagement**

##### **Information and Media Literacy**

- [Diploma in Global Digital Literacy](#)
- [Diploma in Journalism](#)
- [Global Justice and Human Rights: A Comprehensive Framework](#)
- [Fact or Fiction: Mastering the Art of Information Integrity](#)

##### **Global Justice and Human Rights**

- [Global Justice, Poverty, and Modern Slavery: A Closer Look](#)
- [Deaf Awareness - Tips and Concepts](#)
- [Gender Discrimination in the Workplace](#)
- [Child Development: Gender Inequality](#)
- [Basics of Sociology](#)
- [Youth Empowerment and Community Service](#)
- [Introduction to Gentle Craftivism](#)



## Learning Paths

### Civic & Community Engagement

#### Environmental

- [Climate Change – The Science](#)
- [Biodiversity Overview](#)
- [Circular Economy](#)
- [Transport](#)
- [Water Pollution](#)
- [Energy Calculations](#)
- [Sustainable Agriculture Theory: Cultivating a Greener Future](#)
- [Growing Organic Food Sustainably](#)

#### Democracy and Governance

- [Understanding Democracy](#)
- [Empowering Women to Lead and Change the World](#)
- [Principles of Political Ideology](#)

#### The Legal System, Crime and Personal Safety

- [Ethics in Law Enforcement](#)
- [Criminology and Criminal Justice Fundamentals](#)
- [Social Crime Awareness and Prevention](#)

### Workplace skills

#### Digital basics / IT

- [Starting Python Programming](#)
- [Practical Excel 365 for Beginners](#)
- [Internet of Things: A Theoretical Approach](#)
- [Artificial Intelligence: Preparing for the Future of Work](#)
- [Web Development with HTML & CSS for Beginners](#)

#### Presentation skills

- [Presentation Skills for Introverts](#)
- [Public Speaking for Social Media Influencers](#)
- [Basics of PowerPoint 2021](#)

#### Critical Thinking

- [Thinking Critically](#)
- [Critical Thinking & Sound Judgement](#)
- [Problem Solving & Critical Thinking Skills](#)

### Careers, industries, and roles

#### Health & Beauty

- [Ultimate Guide to Makeup Artistry](#)
- [How to Do Contour and Highlight Like a Pro](#)
- [Manicure Treatment & Nail Polish Application](#)
- [Eyelash Extension & Lash Lift](#)
- [Hair Styling: Blow-Dry, Cut, & Colour Like a Pro](#)

#### Accounting & finance

- [Trading Essentials](#)
- [Microeconomics: Price & Trade](#)
- [Basic Accounting](#)
- [Introduction to Bookkeeping & Accounting Methods](#)



### Careers, industries, and roles

#### Nursing Basics

- [Introduction to Nursery Nursing](#)
- [Foundations of Nursing](#)
- [Unlicensed Assistive Personnel \(UAP\): A Foundation for Patient Care](#)

#### Retail

- [An Introduction to Retail Associates](#)
- [Guide to Effective Cash Handling Techniques](#)

#### Hospitality - Hotels

- [Soft Skills for Hospitality Professionals](#)
- [Concierge: Roles, Work Environment & Etiquettes](#)
- [Housekeeping Tasks & Procedures](#)

#### Video Editing

- [Video Editing Using iMovie & DaVinci Resolve](#)
- [Video Editing Basics Using Filmora 12](#)
- [Video Editing Guide Using Shotcut](#)
- [Adobe Premiere Pro for Beginners](#)
- [Adobe After Effects: Rain Stop Visual Effects for Beginners](#)

#### Cookery / Baking

- [Cooking Basics - Food Hygiene, Kitchen Utensils & Seasonings](#)
- [Practical Skills to Become a Chef](#)
- [Cooking Meat & Seafood](#)
- [Baking & Desserts for Beginners](#)
- [How to Make Bread](#)
- [Cake Decoration - Ideas & Techniques](#)

#### Basics of Law/Legal Studies

- [Basics of Solicitors](#)
- [General Data Protection Regulation \(GDPR\)](#)
- [Basics of International Law](#)

#### Advertising / Marketing Basics

- [Digital Advertising & Marketing 101](#)
- [Mastering Advertising in the Digital Age](#)
- [Fundamentals of Marketing Concepts](#)

#### Barber/Hairdresser

- [Introduction to Hair Dressing](#)
- [Hair Styling: Blow-Dry, Cut, & Colour Like a Pro](#)

#### Coffee/Barista/Customer Service

- [Barista & Coffee Making](#)
- [Skills for a Successful Waiter](#)
- [RSBA1 - Food Safety & Hygiene](#)

#### Event Management (Weddings/Festivals etc)

- [Working as a Door Supervisor](#)
- [Events Management: Strategy, Event Types & Customer Service](#)
- [How to Succeed as a Wedding Planner](#)
- [How to Plan & Organise a Party](#)
- [How to Arrange Successful Fundraising Events](#)

#### Coding

- [Unity 2D & C# for Beginner Game Developers](#)
- [Unreal Engine 4 for Beginners](#)
- [Starting Python Programming](#)
- [C# Programming - Coding with C# Syntax](#)
- [Level Design with Blender & Unity 3D](#)
- [Web Development with HTML & CSS for Beginners](#)
- [React Native Fundamentals- A Comprehensive Guide](#)



## Learning Paths



### Careers, industries, and roles

#### Manual Handling / Health & Safety in the Workplace

- [Importance of Ladder Safety](#)
- [Basics of Manual Handling in the Workplace](#)
- [Core Principles of Manual Handling](#)
- [A Comprehensive Guide to Personal Protective Equipment](#)
- [Irish Safe Pass Essentials: Navigating Workplace Safety](#)

#### Basics of Construction

- [Bricklaying & Masonry Techniques for Beginners](#)
- [Construction Safety: Traffic Marshalling](#)
- [Carpentry: Introduction to Construction Methods](#)
- [Carpentry: Introduction to Formwork & Joinery](#)
- [Introduction to Plumbing](#)

#### Mechanics/Car Repairs

- [Basics of Car Maintenance](#)
- [Car Mechanic Training](#)
- [Vehicle MET Technician](#)
- [Maintenance & Control of Electric Motors](#)

#### Photography

- [Introduction to Digital Photography](#)
- [Understanding Photo Composition](#)
- [Video Editing Guide Using Shotcut](#)
- [Adobe Premiere Pro for Beginners](#)
- [Adobe After Effects: Rain Stop Visual Effects for Beginners](#)

#### Childcare/Early Years Education

- [Childcare & Young People Development](#)
- [Autism Awareness & Inclusive Practices](#)
- [Essentials of Early Childhood Education & Care \(ECEC\)](#)
- [ADHD in Child Development](#)
- [Early Childhood Multiculturalism in Education](#)

#### Sports Science

- [Basics of Sports Medicine](#)
- [Physical Education - Fitness Training Principles & Methods](#)
- [Sports Science Essentials: Performance & Recovery](#)

#### Fitness / Gym Instructor/ Personal Training

- [Physical Education: Coaching Styles & Techniques](#)
- [Fitness Coaching Gym Workouts & Bodybuilding](#)
- [Guide to Becoming a Fitness Instructor](#)
- [Coaching Health & Wellness](#)

#### Introduction to Sales

- [Introduction to Working in Sales](#)
- [Sales Training: Learn How to Sell in 7 Effective Steps](#)
- [Developing Quality Customer Service Skills](#)

#### Modern Farming Techniques/Strategies

- [Farm Management & Maintenance](#)
- [How to Manage a Poultry Farming Business](#)
- [Farm Weeds Identification & Control](#)
- [Introduction to Hydroponics & Aquaponics](#)

#### Film Studies / Film Production

- [Understanding the Essentials of Video Production](#)
- [Exploring Movie Construction & Production](#)
- [Learn to Create a Micro-Budget Feature Film in Just Four Months](#)
- [Screenwriting](#)
- [Essential Acting Skills](#)



## Learning Paths

### Social citizenship

#### Health & Physical Wellbeing

- [Dental Health & Hygiene](#)
- [Cooking Basics - Food Hygiene, Kitchen Utensils & Seasonings](#)
- [Introduction to Human Nutrition](#)
- [Muscle Building Without A Gym](#)
- [Health & Fitness - Flexibility, Calisthenics & Plyometrics](#)

#### Women's Rights/Equality/Feminism

- [Child Development: Gender Inequality](#)
- [Empowering Women to Lead & Change the World](#)
- [Principles of Political Ideology](#)
- [Sexual Harassment in the Workplace](#)

#### Diversity & Inclusion

- [Deaf Awareness - Tips & Concepts](#)
- [Creating a Diverse & Inclusive Workplace Culture](#)
- [Gender Discrimination in the Workplace](#)
- [Child Development: Gender Inequality](#)

#### Community development

- [Basics of Youth Work & Leadership](#)
- [Introduction to Community Development](#)
- [How to Arrange Successful Fundraising Events](#)

#### Climate Change

- [Environmental Education: Climate Change – The Science](#)
- [Environmental Education: Biodiversity Overview](#)
- [Environmental Education: Transport](#)

#### Sustainable Farming/ Eco-Friendly Farming

- [Beekeeping: An Introduction](#)
- [Beekeeping 101: Introduction to Beekeeping](#)
- [Sustainable Agriculture Theory: Cultivating a Greener Future](#)
- [Growing Organic Food Sustainably](#)

#### Domestic violence awareness, consent

- [Social Crime Awareness & Prevention](#)
- [Fundamentals of Domestic Violence & Abuse](#)
- [Understanding & Preventing Sexual Harassment](#)

### 'Real world' practical learning

#### Financial Wellbeing/Financial Literacy

- [How to Take Control of Your Finances](#)
- [Practical Lessons on Personal Finance](#)
- [An Introductory Course in Personal Finance & Credit](#)

#### Online Safety

- [Internet & Social Media Safety](#)
- [Global Digital Literacy](#)
- [Managing Social Media Addiction](#)



## Learning Paths

'Real world' practical learning

### Mental Health/Wellness/Meditation

- [Digital Wellness: Cultivating Healthy Tech Habits](#)
- [Understanding Mental Health](#)
- [Sports & Exercise Psychology](#)
- [Stress Management: A Holistic Approach](#)

### First Aid

- [Paediatric First Aid: Expert Tips & Hands-On Illustrations](#)
- [CPR, AED & First Aid](#)
- [Lifeguarding Essentials](#)
- [Lifeguard Training Fundamentals](#)

### Stress management

- [Practical Stress Management for Life & Work](#)
- [Overcome Stress & Anxiety](#)
- [Overcoming Social Anxiety: Empowerment for Authentic Connections](#)

### Social Media Anxiety Management

- [Managing Social Media Addiction](#)

### Health & Physical Wellbeing

- [Dental Health & Hygiene](#)
- [Cooking Basics - Food Hygiene, Kitchen Utensils & Seasonings](#)
- [Introduction to Human Nutrition](#)
- [Muscle Building Without A Gym](#)
- [Health & Fitness - Flexibility, Calisthenics and Plyometrics](#)

### Study Skills

- [Revision Guide: How to Prepare for Exams](#)
- [Mastering the Academic Desk Research Paper](#)
- [Mastering Time Management & Organizational Skills at Work](#)
- [Growth Mindset for Success in Life, School & Career](#)

### Media Awareness/Countering Disinformation

- [Fact Checking 101](#)
- [Introduction to Journalism](#)
- [Internet & Social Media Safety](#)
- [Global Digital Literacy](#)

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